

Shuswap Association for Rowing and Paddling Policies and Procedures

Safe Paddling

Rowing

All members must read and sign our SARP waiver before participating in any club activity.

Members using rowing skulls or participating in events shall observe the Paddlers Safety Guidelines and the Canadian Coast Guard Safe Boating Guide.

Members should inform their guest of the guidelines for SARP events. All guests on paddling and rowing events must sign a waiver and release of liability.

Children minimum 12 to 18 are welcome but must have a waiver signed by their parent.

All members who participate in a group activity must have all necessary safety equipment on board the club (and their own) boat.

Including:

- a sound signaling device such as a whistle
- floating device

Club boats are to be used only for group sanctioned activities and clinics. They are not for rent or to be used privately or with friends. Use of club boats will be on the basis of first come first serve.

All members need to be a strong enough swimmer to be comfortable both physically and mentally in the water if capsized. Subsequently, they must also have the ability to get back into the rowing scull via a self or assisted rescue.

All group day trips must have a designed leader who must record and leave behind a trip plan and participant names in a binder provided. A buddy system is required when participating in-group activities.

All participants need to plan their clothing for the water, not the outside weather and should always carry water and sunscreen on trips. No alcohol or drugs are to be used while on the water as they affect clear thinking, coordination and reaction time and therefore put others in the group at risk.